



“Your Sacred Body”

*A transformational health and wellness retreat
for men and women*

Facilitated by: Rev. Denise Schubert
Sara Connell, R.Sc.P., Darrell Jones and Kate Miller

In community we will:

- Explore the power of conscious living
- Reclaim our physical bodies
- Learn tools for practicing radical self care
- Dive deeply into the body/mind connection
- Stretch and breathe for clarity and flexibility
- Create a consciousness of wholeness

When: Friday, May 30th 7 p.m. to Sunday, June 1st Noon
Check in begins @ 4 pm, dinner served @ 6 pm

Where: George Williams Campus, Aurora University; Lake Geneva, WI

Cost: \$400.00 Double Occupancy

(Includes lodging, meals and retreat fees)

A Non-Refundable Deposit of \$50.00 is required to reserve your space
Balance Due by May 16th

Name: _____

E-mail: _____

Address: _____

Phone: Cell _____ Home: _____

Preferred Roommate?: _____

Special Needs: _____

Check Cash Credit Card

Credit Card Info:

Number: _____ Exp. Date: _____ Amt: _____

Authorizing Signature: _____